

Next Steps Forward

Walks within Barnsley and district for people living with and beyond breast cancer

Walks from 1st July – 7th October 2023

Date	Area of walk	Approximate walk time	Meeting and start times
July			
Saturday 1 st	Nostell Priory	60+ minutes	Meet at 10.15 for 10.30am start
Wednesday 5 th	10 th Anniversary		
Wednesday 12 th	Cannon Hall	45 minutes	Meet at 10.15 for 10.30am start
Wednesday 19 th	Locke Park	30 minutes	Meet at 1.15 for 1.30pm start
Wednesday 26 th	Manvers RSPB	60+ minutes	Meet at 10.15 for 10.30am start
August			
Wednesday 2 nd	Mill of the Black Monks *	60 minutes	Meet at 1.15 for 1.30pm start
Saturday 5 th	Kendal Green/Worsbrough	60+ minutes	Meet at 10.15 for 10.30am start
Wednesday 9 th	Scout Dike	45 minutes	Meet at 10.15 for 10.30am start
Wednesday 16 th	Wortley Hall gardens and beyond*	60 minutes	Meet at 1.15 for 1.30pm start
Wednesday 23 rd	Wentworth	45 minutes	Meet at 10.15 for 10.30am start
Wednesday 30 th	Elsecar*	45 minutes	Meet at 1.15 for 1.30pm start
September			
Saturday 2 nd	5Weirs	90 minutes	Meet at 10.15 for 10.30am start
Wednesday 6 th	Trip to seaside for the day		
Wednesday 13 th	Pugneys + fish and chips	45 minutes	Meet at 12.15 for 12.30pm start
Wednesday 20 th	Hoyle Mill & Planning meeting	60 minutes	Meet at 10.15 for 10.30am start
Wednesday 27 th	Rabbit Ings	60 minutes	Meet at 1.15 for 1.30pm start
October			
Wednesday 4 th	Newmillerdam*	60 minutes	Meet at 10.15 for 10.30am start
Saturday 7 th	Low Bradfield	60+ Minutes	Meet at 10.15 for 10.30am start

* These walks can be shortened or adapted to suit everyone's needs

Email address: walk@nextstepsforward.org.uk

website: www.nextstepsforward.org.uk

Mobile number: 07493 817870

All walks are at a steady pace and to suit the slowest walker with a front and back walk leader to cover everyone's pace of walking. Most of the walks can be shortened or re-routed if necessary and to accommodate individual needs. All walks have good paths with no steep hills. At the end of every walk, we visit a local café for refreshments. Our walks are reviewed on a regular basis and are risk assessed. Check our website for the latest walking schedule.

Directions and locations of walks **Post codes /Sat Nav for guidance only**

<p>1) Hoyle Mill, Pontefract Road S71 1HS</p> <p>2) Mill of the Black Monk, Grange Lane S71 5QF</p>	<p>1)Meet in the public car park and walk to Barnsley. This walk is flat with good footpaths – visit café and return by a different path</p> <p>2)Meet in the public car park opposite the Mill of the Black Monk – walk to Stairfoot – Good footpaths with a slight incline at the beginning – visit café at Stairfoot and return by a different routeThese two walks are on the same trail but each walk is in the opposite direction.</p>
<p>Newmillerdam WF2 6QP* Easy walk</p>	<p>Situated on the A61 from Barnsley, park in the public car park which is situated on the right-hand side at the bottom of the hill. Now a charge for parking. Refreshments by kind invitation of Dianne or in the café by the side of the lake.</p>
<p>Wortley Hall S35 7DB</p>	<p>From the A629 turn onto Park Avenue opposite the church on a very sharp corner. Go through the park gates and onto the car park for the hall. No charge for parking.</p>
<p>Elsecar* S74 8HJ Some inclines on some of the walks</p> <p>Elsecar from Cortonwood S73 0UF</p>	<p>Meet in the Heritage car park opposite Elsecar Park. From Barnsley A61 and then on the new road system at Birdwell, take the A6135 lane to Hoyland Common. At the cross roads take the left-hand turn and travel to Hoyland taking the right-hand fork. Go through Hoyland and down the hill to Elsecar. At the bottom turn right to the car park which is on the left</p> <p>Meet in the car park in front of Morrisons, Cortonwood – walk along the canal to Elsecar, visit café and return on same route</p>
<p>Manvers* /Old Moor S73 0YF Easy walk</p>	<p>Meet in the car park at the Old Moor Nature Reserve (RSPB) – no charge for parking. On the A6195 at the Broomhill roundabout take the A633 turn and follow the brown signs for the nature reserve which is on the left-hand side</p>
<p>Nostell Priory, Wragby WF4 1QE</p>	<p>Follow the directions on your satnav. Directions will vary depending on your starting point. This is a National Trust area and for those who are members parking is free. Car share.</p>
<p>Low Bradfield S6 6HW Easy walk</p>	<p>Various routes. Meet in the Village Car Park behind the cricket field, N.B. the post code is a general for the village</p>
<p>Worsbrough Mill* S70 5LJ Easy walk</p> <p>Kendal Green</p>	<p>A61 between Barnsley and Birdwell. Park in the official car park for Worsbrough Mill. On the right from Barnsley and left from Birdwell. A small charge for parking.</p> <p>On A61 turn at the Ship Inn and follow signs to Wigfield Farm – Car park is on left just past farm</p>
<p>Cannon Hall/ Cawthorne* S75 4AT</p>	<p>Meet in the garden centre car park (just over the bridge and on the left). A small charge is made for parking but can be refunded in the café or shop. Meet in the car park. Some inclines.</p>
<p>Scout Dike S36 7GF Mostly flat</p>	<p>A628 from Barnsley Manchester Road. At roundabout take A629 Huddersfield Road. After approx 2 miles look for Scout Dike Centre on right – park opposite on left hand side at reservoir.</p>
<p>Wentworth* S62 7TL Easy walk</p> <p>Longer Walk To take approximately one hour</p>	<p>Meet in the village car park or garden centre – no charge for parking – location will be notified prior to the walk.</p> <p>Meet in the car park near to the house (Wentworth Woodhouse) or the village car park to be arranged nearer the time. The walk will be from the house towards Greasborough or around the village to be decided nearer the time</p>
<p>Locke Park, Barnsley* S70 6NF</p> <p>Easy walk with some inclines</p>	<p>Meet at the main car park – free to park. From Birdwell travel on A61 towards Barnsley downhill towards Worsbrough. Go over old railway line (now TPTrail) and take left fork at Ship Inn. Travel up hill, at cross roads take left turn, keep on this road passing Rob Royd Farm shop – Locke Park car park is on right hand bend. If travelling from Barnsley take A61 south, at cross roads and traffic lights take right hand turn, at next cross roads go straight over passing the Rob Royd Farm shop – car park is on right hand bend.</p>
<p>Five Weirs Walk Easy walk (M’Hall - S9 1EP)</p>	<p>Meet outside M&S Meadowhall – downstairs. Take care with parking as tickets are being given to non-shoppers. A bus leaves Barnsley to Meadowhall every Saturday X65 every half hour starting at 9am. The route is to Birdwell and then on the motorway to Meadowhall. Parking is free in Barnsley on Saturdays.</p>
<p>Rabbit Ings/ S71 4BB Easy walk with some inclines</p>	<p>Take A61 from Barnsley and at Staincross take the right-hand turn (B6428) at the cross roads onto Lee Lane. Keep on B6428 travelling through Royston under the railway bridge (Lund Hill Lane) the Rabbit Ings car park is on the right. Refreshments a short distance away.</p>
<p>Pugneys WF2 7EQ Easy walk</p>	<p>Junction 39 M1 – Wakefield Road – turn right at roundabout signed for Pugneys or A61 passed Newmillerdam at traffic lights sharp left – go past Asda and turn right at roundabout, follow brown signs</p>