

Next Steps Forward

Walks within Barnsley and district for people living with and beyond breast Cancer

Walks from 1st October 2022 – 7th January 2023

Date	Area of walk	Approximate walk time	Meeting and start times
October			
Saturday 1st	Low Bradfield	60+ minutes	Meet at 10.15 for 10.30am start
Wednesday 5 th	Rabbit Ings*	60 minutes	Meet at 1.15 for 1.30pm start
Wednesday 12 th	Cannon Hall*	45 minutes	Meet at 10.15 for 10.30am start
Wednesday 19 th	Worsbrough Mill*	45 minutes	Meet at 10.15 for 10.30am start
Wednesday 26 th	Manvers RSPB	60 minutes	Meet at 10.15 for 10.30am start
November			
Wednesday 2 nd	Newmillerdam*	45 minutes	Meet at 10.15 for 10.30am start
Saturday 5th	Wentworth	60 minutes	Meet at 10.15 for 10.30am start
Wednesday 9 th	Scout Dike	45 minutes	Meet at 10.15 for 10.30am start
Wednesday 16 th	Locke Park	30 minutes	Meet at 10.15 for 10.30am start
Wednesday 23 rd	Cortonwood – Elsecar & rtn	60+ minutes	Meet at 10.15 for 10.30am start
Wednesday 30 th	Hoyle Mill	60 minutes	Meet at 10.15 for 10.30am start
December			
Saturday 3rd	Nostell Priory	60 minutes	Meet at 10.15 for 10.30am start
Wednesday 7 th	Pugneys + Fish and chips 1.45pm	45 minutes	Meet at 12.15 for 12.30 start
Wednesday 14 th	Elsecar*	45 minutes	Meet at 10.15 for 10.30am start
Wednesday 21 st	Mill of the Black Monks*	60 minutes	Meet at 10.15 for 10.30am start
Wednesday 28 th	Anglers Country Park	60 minutes	Meet at 10.15 for 10.30am start
January 2023			
Wednesday 4 th	Wentworth*	45 minutes	Meet at 10.15 for 10.30am start
Saturday 7th	Kendal Green/Worsbrough	60+ minutes	Meet at 10.15 for 10.30am start

* These walks can be shortened or adapted to suit everyone's needs

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All walks are at a steady pace and to suit the slowest walker with a front and back walk leader to cover everyone's pace of walking. Most of the walks can be shortened or re-routed if necessary and to accommodate individual needs. All walks have good paths with no steep hills. At the end of every walk we visit a local café for refreshments. Our walks are reviewed on a regular basis and are risk assessed. Check our website for the latest walking schedule.

Please Note: From Wednesday 12th October all the walks will be in the morning. This will continue until the Spring with the exception of Pugneys 7th December

Directions and locations of walks Post codes /Sat Nav for guidance only

Hoyle Mill, Pontefract Rd Mill of the Black Monk, Grange Lane	Meet in the public car park and walk to Barnsley. This walk is flat with good footpaths – visit café and return by a different path S71 1HR Meet in the public car park opposite the Mill of the Black Monk – walk to Stairfoot – Good footpaths with a slight incline at the beginning – visit café at Stairfoot and return by a different route. S71 5QF
Newmillerdam WF2 6QQ* Easy walk	Situated on the A61 from Barnsley, park in the public car park which is situated on the right side at the bottom of the hill. Now a charge for parking. Refreshments by kind invitation of Dianne or in the café by the side of the lake.
Langsett S36 4GY Some inclines	From Birdwell take the A61 and then A616 Stocksbridge bypass. At about 7 miles and when you see the café with the red spots on the right the car park to Langsett is on the left (signed). From Barnsley A628 then A616 and car park is on the right, only a short distance from the junction <i>This walk suspended until car parking fees and how to pay are clarified.</i>
Elsecar* S74 8EP Some inclines Cortonwood S73 0SX	Meet in the Heritage car park opposite Elsecar Park. From Barnsley A61 and at Birdwell take the A6135 lane to Hoyland Common. At the cross roads take the left turn, travel to Hoyland taking the right fork and down the hill to Elsecar. At the bottom turn right, car park which is on the left Meet in the car park in front of Morrisons, Cortonwood – walk along the canal to Elsecar, visit café and return on same route
Manvers* /Old Moor S73 0YF Easy walk	Meet in the car park at the Old Moor Nature Reserve (RSPB). On the A6195 at the Broomhill roundabout take the A633 turn and follow the brown signs for the nature reserve which is on the left.
Nostell Priory, Wragby WF4 1QE	Follow the directions on your satnav. Directions will vary depending on your starting point. This is a National Trust area and for those who are members parking is free. Car share if possible.
Low Bradfield S6 6HW Easy walk	Various routes. Meet in the Village Car Park behind cricket field. PLEASE NOTE: the post code is a general for the village
Worsbrough Mill* S70 5LJ Easy walk Kendal Green	A61 between Barnsley and Birdwell. Park in the official car park for Worsbrough Mill. On the right from Barnsley and left from Birdwell. A small charge for parking On A61 turn at the Ship Inn and follow signs to Wigfield Farm – Car park (free) is just past farm
Cannon Hall /Cawthorne*	Meet in the garden centre car park (just over the bridge and on the left). A small charge is made for parking but can be refunded in the café or shop. Meet in the car park. Some inclines. S75 4AR
Scout Dike S36 7GF Mostly flat	A628 from Barnsley Manchester Road. At roundabout take A629 Huddersfield road. After approx 2 miles look for Scout Dike Centre on right – park opposite on left hand side at reservoir.
Wentworth* S62 7TF Easy walk Wentworth Longer Walk	Meet in the village car park or garden centre –location will be notified prior to the walk. Meet in the car park near to the house (Wentworth Woodhouse) or the village car park to be arranged nearer the time. The walk will be from the house towards Greasborough or around the village.
Locke Park, Barnsley* S70 6NF Easy walk with some inclines	Meet at the main car park – free to park. From Birdwell travel on A61 towards Barnsley downhill towards Worsbrough. Go over old railway line (now TPTrail) and take left fork at Ship Inn. Travel up hill, at cross roads take left turn, keep on this road passing Rob Royd Farm shop – Locke Park car park is on right hand bend. If travelling from Barnsley take A61 south, at cross roads and traffic lights take right turn, at next cross roads go straight over passing the Rob Royd Farm shop – car park is on right.
Five Weirs Walk Easy walk (M'Hall - S9 1EP)	Meet outside M&S Meadowhall – downstairs. Take care with parking as tickets are being given to non-shoppers <i>This walk suspended until footpath repaired</i>
Rabbit Ings/ S71 4BB Easy walk with some inclines	Take A61 from Barnsley and at Staincross take the right turn (B6428) at the cross roads onto Lee Lane. Keep on B6428 travelling through Royston under the railway bridge (Lund Hill Lane) the Rabbit Ings car park is on the right. Refreshments a short distance away.
Pugneys WF2 7EQ Easy walk	Junction 39 M1 – Wakefield Road – turn right at roundabout signed for Pugneys or A61 passed Newmillerdam at traffic lights sharp left – go past Asda and turn right at roundabout, follow brown signs
Cudworth/Cudworth Country Park	Meet in one of the car parks on the main shopping street in Cudworth, turn down the side street by Well Pharmacy opposite the co-op.
Anglers Country Park WF4 2EE Easy walk	Anglers Country Park is on Haw Park Lane, Wakefield. There are various ways of getting there and the satnav covers a wide area. So, check your map directions, road signs now much improved.