Next Steps Forward

Walks within Barnsley and district for people living with and beyond breast Cancer

Walks from 3rd April – 10th July 2024

All walks are scheduled to meet up at 10.15am for the walk to start at 10.30am unless otherwise stated.

Date	Area of walk	Approximate walk time	
April 2024			
Wednesday 3rd	Cudworth	60 minutes	S72 8UQ Free to park
Saturday 6th	5Weirs	60 minutes +	S9 1EP Meadowhall
Wednesday 10th	Anglers	60 minutes	WF4 2EE Small charge to park
Wednesday 17 th	Wentworth*	45 minutes	S62 7TF Village Car Park – free
Wednesday 24 th	Locke Park	30 minutes	S70 6NF Free to park
May			
Wednesday 1st	Rabbit Ings*	45 minutes	S71 4BB Free to park
Saturday 4 th	Low Bradfield	60+ minutes	S6 6HW Park behind cricket field
Wednesday 8 th	Cannon Hall*	60 minutes	S75 4AR Small charge to park
Wednesday 15th	Newmillerdam*	45 minutes	WF2 6QQ Small charge to park
Wednesday 22 nd	Scout Dike	45 minutes	S36 7GF Free to park
Wednesday 29 th	Pugney's (+Fish & Chips)	60 Minutes	WF2 7EQ Small charge to park
			Meet at 12.15 for 12.30pm start
June			
Saturday 1st	Corton Wood/Elsecar	60+ minutes	S73 OSX Park in Morrison's
Wednesday 5 th	Trip (TBC)		
Wednesday 12 th	Manvers (RSPB)*	60 minutes	S73 OYF Free to park
Wednesday 19 th	Hoyle Mill* (plan next walk schedule)	60 minutes	S71 1HR Free to park
Wednesday 26 th	Worsbrough Mill*	60 minutes	S70 5LI Small charge to park
July			
Wednesday 3 rd	Wortley and beyond	60 minutes	S35 7DB Free to park
Saturday 6th	Nostell Priory*	60+ minutes	WF4 1QE Free to NT members/
			charge to non-members
Wednesday 10 th	Trip (TBC)		

^{*} These walks can be shortened or adapted to suit everyone's needs

Email address: <u>walk@nextstepsforward.org.uk</u> website: <u>www.nextstepsforward.org.uk</u>

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All walks are at a steady pace and to suit the slowest walker with a front and back walk leader to cover everyone's pace of walking. Most of the walks can be shortened or re-routed if necessary and to accommodate individual needs. All walks have good paths with no steep hills. At the end of every walk, we visit a local café for refreshments. Our walks are reviewed on a regular basis and are risk assessed. Check our website for the latest walking schedule.

Directions and locations of walks Post codes /Sat Nav for guidance only

1 Hoyle Mill, Pontefract Road	1 Meet in the public car park and walk to Barnsley. This walk is flat with good footpaths – visit café and return by a different path	
S71 1HR 2 Mill of the Black Monk, Grange Lane S71 5QF	2 Meet in the public car park opposite the Mill of the Black Monk – walk to Stairfoot – Good footpaths– visit café at Stairfoot and return by a different route These two walks are on the same trail but each walk is in the opposite direction.	
Newmillerdam WF2 6QQ* Easy walk	Situated on the A61 from Barnsley, park in the public car park which is situated on the right hand side at the bottom of the hill. Now a charge for parking. Refreshments by kind invitation of Dianne or in the café by the side of the lake.	
Elsecar* S74 8EP Some inclines on some of the walks Elsecar from Cortonwood S73	Meet in the Heritage car park opposite Elsecar Park. From Barnsley A61 and then on the new road system at Birdwell, take the A6135 lane to Hoyland Common. At the cross roads take the left hand turn and travel to Hoyland taking the right hand fork. Go through Hoyland and down the hill to Elsecar. At the bottom turn right to the car park which is on the left Meet in the car park in front of Morrisons, Cortonwood – walk along the canal to	
OSX Manvers* /Old Moor S73 OYF Easy walk	Elsecar, visit café and return on same route Meet in the car park at the Old Moor Nature Reserve (RSPB) – no charge for parking. On the A6195 at the Broomhill roundabout take the A633 turn and follow the brown signs for the nature reserve which is on the left hand side	
Low Bradfield S6 6HW Easy walk	Various routes. Meet in the Village Car Park behind cricket field, N.B. the post code is a general for the village	
1 Worsbrough Mill* S70 5LJ Easy walk 2 Kendal Green	1 A61 between Barnsley and Birdwell. Park in the official car park for Worsbrough Mill. On the right from Barnsley and left from Birdwell. A small charge for parking 2 On A61 turn at the Ship Inn and follow signs to Wigfield Farm – Car park is on left just past farm	
Cannon Hall /Cawthorne* <mark>S75</mark> <mark>4AR</mark>	Meet in the garden centre car park (just over the bridge and on the left). A small charge is made for parking but can be refunded in the café or shop. Meet in the car park. Some inclines.	
Scout Dike S36 7GF Mostly flat	A628 from Barnsley Manchester Road. At roundabout take A629 Huddersfield road. After approx 2 miles look for Activity Centre on right – park opposite on left	
1 Wentworth*S62 7TF 2 Easy walk Longer Walk	1 Meet in the village car park or garden centre – no charge for parking – location will be notified prior to the walk. 2 Meet in the car park near to the house (Wentworth Woodhouse) or the village car park to be arranged nearer the time. The walk to be decided nearer the time	
Locke Park, Barnsley* S70 6NF Easy walk with some inclines	Meet at the main car park – free to park. From Birdwell travel on A61 towards Barnsley downhill towards Worsbrough. Go over old railway line (now TPTrail) and take left fork at Ship Inn. Travel up hill, at cross roads take left turn, keep on this road passing Rob Royd Farm shop – Locke Park car park is on right hand bend. If travelling from Barnsley take A61 south, at cross roads and traffic lights take right hand turn, at next cross roads go straight over passing the Rob Royd Farm shop – car park is on right hand bend.	
Five Weirs Walk Easy walk (M'Hall - S9 1EP)	Meet outside M&S Meadowhall – downstairs. Take care with parking as tickets sometimes given to non-shoppers. Walk along canal so far and then calling in at Starbucks for refreshments and then back to Meadowhall.	
Rabbit Ings <mark>/ S71</mark> 4BB	Use sav nav for this location as many roads lead to Rabbit Ings. Refreshments a short distance away. This is an easy walk with some inclines.	
Pugneys WF2 7EQ Easy walk	Junction 39 M1 – Wakefield Road – turn right at roundabout signed for Pugneys or A61 passed Newmillerdam at traffic lights sharp left – go past Asda and turn right at roundabout, follow brown signs	
Cudworth S72 8UQ	Meet in one of the car parks on the main shopping street in Cudworth opposite the Co-op.	
Anglers Country Park WF4 2EE	The sav nav for this area is misleading. One route is on A61 and turn off to right signposted Notton. Several other routes to Anglers Country Park, Haw Park Lane, Wakefield – follow the signs.	